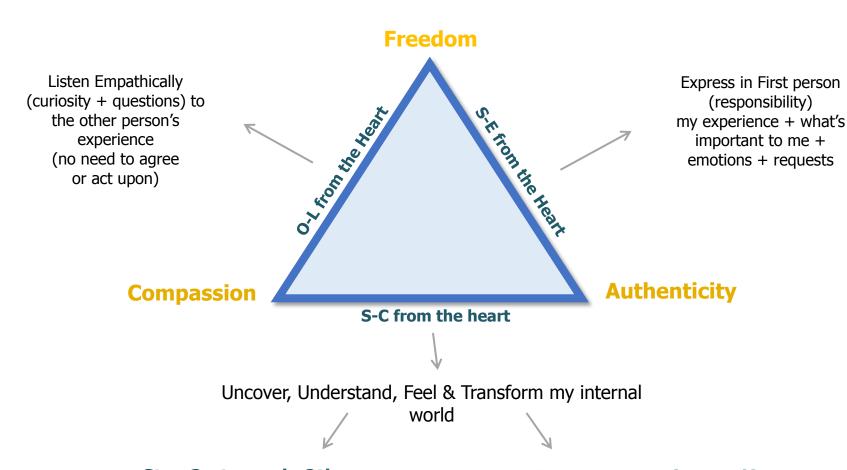
## The Conscious Relationship Triangle



## **Step 2 - towards Other**

- 1. Imagine the experience of the other
- 2. Feel and imagine the needs behind it

## Step 1 - towards Myself

- 1. Understand what I interpret / experience
- 2. Discover (Q's) & feel the needs behind it